

OTTAWA JEWISH

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BULLETIN & REVIEW

50th Anniversary of Warsaw Uprising

Community Launches Commemoration

As we approach the 50th anniversary of the Warsaw Ghetto Uprising, as Jews, we take stock in the meaning of that momentous event and its present-day implications. Fifty years ago a victimized, oppressed people demonstrated their intention to confront and combat evil. Now, fifty years later, we are once again being subjected to the insidious growth of racism in our society.

In that regard a panel discussion entitled "Fifty Years After the Warsaw Ghetto Uprising", is being organized by the Ottawa Holocaust Remembrance Committee. The forum will bring together a group of Ottawans with outspoken views about the current upsurge of racism. It will be aired by Rogers cablevision on February 8 at 10:30 pm and February 11 at 4:30 pm on Channel 22 on the "Tele-Kaleidoscope" program.

Pat O'Reilly, a member of the

National Capital Area Jewish-Christian Dialogue will moderate the panel which will include Alex Munter, a young German-Canadian man who is a Kanata City Councillor and a member of the National Council of the German-Canadian Congress; Rebecca Holzman, a young Jewish woman who is a Second Generation Survivor and serves as Jewish Student Union - Hillel President at the University of Ottawa; Hanna Heilman, an Ottawa woman who survived the Warsaw Ghetto and Bill Vradenburg, a Canadian Veteran of World War II who was involved in the Anne Frank in the World Exhibit.

The panel discussion is part of the lead-up to the 50th anniversary of the Warsaw Ghetto Uprising to be commemorated by the community on Yom Ha Shoah on April 18 at the Jewish Community Cemetery. The tape of the show will be available from the Educational Resource

Centre to be used as a program tool on racism.

There is limited space for those members of the community

who would like to be part of the studio audience during the taping to be held on February 3 at 9:00 pm. If you are interested in

attending, please contact Community Relations Director Ruth Kahane at 789-7306 for further information.

**Tu B'Shevat
February 6**

on Tu B'Shevat
we say a lot
of B'rachot
we, and our seudah guests
in our annual quest
to honor
the New Year of the Trees
by eating the fruits
of many that please.
Fifteen
different varieties
as we start our B'rachot
with a boray p'ri m'zonot
carob and coconut.
We also say
boray p'ri ha-adama
on the banana
and the papaya.
of the Tree
at our seder on Tu B'Shevat
like the mystics of Old
Sefat
and boray p'ri hagofen say
over 4 different colored wines:
white,
red,
We drink "L'Chaim —
at our seder on Tu B'Shevat
over apple juice
and even apricot-flavored juice for all.
But above all
this Arbor Tree Day
over olmonds and ovocodos
plums,
oranges
and pistochios
figs and dates
we love to say
boray p'ri ho-aiz.

by
Shulamith Surnamer
Shofar Magazine

Courtesy: Education
Resource Centre

Irving Rivers recipient of JNF's Bloomfield Medal



Irving Rivers recipient of JNF's Bernard M. Bloomfield Medal and Henry Molot, Chairman of JNF Ottawa.

Irving Rivers, a former chairman of the Jewish National Fund of Ottawa, recently received the JNF's Bernard M. Bloomfield Medal from the current Chairman of JNF Ottawa, Henry Molot Q.C.

Irving, whose store is an institution in the Byward market, is

himself an institution in the community due to his untiring commitment to various causes. There is scarcely any community or Israel-oriented organization which has not benefited in some way from Irving's involvement.

Irving's style is unique and dynamic. Continually involved in the local community he was the first president of the Jewish Community Centre (when it became an independent body, separate from the Vaad Ha'Ir,) giving the Centre its direction and focus. He has also chaired the JCC's Mikvah committee, Day Camp committee and served as the Centre's representative to the Vaad Hakashrut.

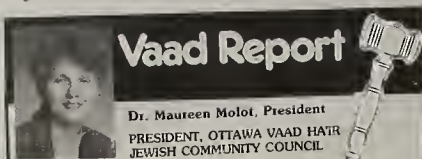
Irving served as president of both Beth Shalom Synagogue and the PTA of Hillel Academy. He is still active in B'nai Brith and Camp B'nai Brith.

Always a strong Zionist, he was active as a youth in Young Judea and the A.Z.A. Building upon these early experiences, Irving has been a key Zionist leader in Ottawa, as chairman of State of Israel Bonds, among many other

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Vaad Report

Dr. Maureen Molot, President
PRESIDENT, OTTAWA VAAD HATIR
JEWISH COMMUNITY COUNCIL

NEW BULLETIN EDITOR: I am pleased to be able to advise you that Myra Aronson, who has been putting out the *Ottawa Jewish Bulletin and Review* as interim editor, has been appointed Editor of the paper. Many readers of the *Bulletin* have commented on the new columns introduced by Myra. **Mazal tov** on your appointment. We all look forward to regular issues of our paper.

NEW BONDS CO-CHAIRS APPOINTED: Mazal tov to Morris and Myra Presser whose appointments as co-chairs of the 1993 State of Israel Bonds campaign was announced in the last issue of the *Bulletin*. Long active in a wide range of community activities Morris and Myra bring to their new responsibilities a strong commitment to Israel and to bonds as a means of providing monies to Israel. Under their leadership Bonds will doubtless enjoy a very successful year.

SWEET CHARITY: Another mazal tov, this time to our fabulous teens and to all those members of the community who helped with the production of Sweet Charity! The annual teen play was, once again, an outstanding success. This program, established some 6 years ago to promote a sense of community amongst our teens, has certainly met its goal. **Yasher koach** to the JCC for its continuing support of this important teen activity.

FUND RAISING IN THE COMMUNITY: As most readers of the *Bulletin* know fund raising within our community, with the exception of the annual UJA, JNF and Bonds campaigns, requires approval from the Jewish Community Council. In other words, organizations, whether local, national, or Israel based, are expected to seek permission before approaching members of the community for donations. The Multiple Appeals Committee, chaired by Sol Shinder, is in place to evaluate requests for fund raising efforts within our city. In general we have been successful in enforcing this policy, with, I think, positive results for our UJA campaign.

It has come to my attention of late, however, that some organizations in our community feel that the moratorium on fund raising and the practice of community discipline does not apply to them. Let me state in no uncertain terms that the moratorium on fund raising within the Ottawa Jewish community continues to be in force. Organizations wishing to solicit funds **MUST** make application to the Multiple Appeals Committee and receive community sanction before embarking on their campaigns. In the current difficult financial times I hope we can continue to count on the cooperation of everyone in the application of this community policy.

REPORT ON NATIONAL BUDGETING CONFERENCE OF CANADIAN JEWRY (NBC): A historic meeting of Canadian Jewish community federations and national agencies such as Canadian Jewish Congress, the Canada Israel Committee, and the Jewish Immigrant Aid Services, took place in Toronto January 17 and 18. At that meeting what had been known as the NBC was transformed into the Council of Jewish Federations of Canada (CJF Canada). This new name for the national organization of federated and unfederated communities signifies a new stage in the evolution of Jewish life in Canada and a recognition of the primacy of the federation in providing services to support and enhance Jewish life.

Discussions with community leaders from across Canada also demonstrated quite graphically how the recession has affected all of us. UJA campaigns in many communities are down, in some instances quite dramatically. Overall in Canada we are facing a significant decline in the dollars available to allocate to local and national agencies. National Jewish organizations were given the same message as our local beneficiaries: in times of diminished resources budgets must be trimmed, and, if necessary, services reduced.

That we are experiencing a successful campaign in Ottawa is due in large part to the unstinting efforts of Campaign Leadership, particularly Lawrence Soloway, Pat Flesher and Ray Goldstein, and Campaign Staff. We are also grateful to the community at large for strong support of the 1993 Campaign.

CASH RECEIPTS: As happens every year December brought substantial payment of UJA pledges. As a result we were able to send UJA Canada cheques for Israel totalling \$1 million as part of our annual allocation. Additional monies will be forwarded as cash becomes available.

Anguish to Hope

Student mission to Poland and Israel

Anguish to Hope, a university student mission to Poland and Israel, expects to attract some 100 participants from across Canada May 5 to 20.

Sponsored by Canadian Jewish Congress, United Israel Appeal of Canada, Canadian Jewish Federations and the Jewish Students' Network, the program is being described as "a memorable journey into the past and future of the Jewish people."

Wendy Eisen, co-chair of the CJC National Education and Continuity Committee, emphasized that due to spring examinations, most university students are

unable to participate in the Congress President's Mission to Poland and Israel April 14 to 28. "We decided to streamline a program for them in this historic year marking the 50th anniversary of the Warsaw Ghetto uprising," she said. "Canadian Jewish university students will feel the 'anguish' and then move on to Israel to experience the 'hope' that a Jewish homeland provides."

In Poland the group will tour historic Jewish sites, visit death camps and meet with university students for in-depth discussions about issue of concern, including

the future of Poland in the wake of the disintegration of the Warsaw Pact, anti-Semitism and a general attitude toward the remaining Jewish population. In Israel, the delegation will witness the marvel of a state reborn from the ashes of the Holocaust. Through briefings with leading educators and political leaders the students will feel the pulse of the country from both an historic and present-day perspective. They will meet students on campuses, speak with Israeli Arabs, visit Project Renewal neighbourhoods twinned with Canadian communities and witness the modern-day miracle of Operation Exodus.

The cost for the mission is \$2,795, plus a minimum contribution of \$50 to the local UJA/UJA/CJA Campaign. For applications and/or information, calls should be directed to Shelle Eitinger at CJC (514) 931-7531 or JSU Hiller in Ottawa.

Anniversary of Warsaw Uprising

Polish Leader to attend Ceremony

PARIS (JTA) — Polish Prime Minister Hanna Suchocka has agreed to take part in ceremonies next April commemorating the 50th anniversary of the Warsaw Ghetto uprising.

Suchocka told leaders of the European Jewish Congress that she will participate in events sponsored by world Jewish organizations and the Polish government to commemorate the ghetto resistance to the Nazis.

Members of the congress' executive board, holding their first-ever meeting in Warsaw, also raised the issue of restitution for Jewish assets seized by the Nazis and then by the Communists.

Leading the delegation was Jean Kahn, president of the European Jewish Congress.

On other matters, Suchocka reportedly agreed to a plan on

the teaching of the Holocaust in Polish schools. She also said she would welcome help in organizing a seminar for members of the Polish Parliament in fighting racism and anti-Semitism.

Irving Rivers receives medal

(Cont'd from page 1)

activities. He was the chairman of Jewish National Fund in Ottawa, providing the organization with strong leadership and growth during his tenure.

The Zionist theme in his life has come to fruition in many ways, primarily in the aliyah of his daughter Jacqui, who lives with her family in Jerusalem, and the strong Jewish identities of his two other daughters, Ilia and Ellen.

Describing the moment as a

"great honour", Henry Molot, commended Irving for all his efforts and support. Irving's leadership is a great asset to JNF Ottawa making him particularly deserving of this award.

The Bloomfield medal is awarded to committed workers of JNF, across Canada, who have demonstrated exemplary leadership in furthering the JNF's goal of redeeming and developing Israel and its people.

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Commentary

Myra Aronson

The Gift of Friendship

For an adult there is something very special about a childhood friendship. The thread that inextricably binds you is paradoxically strong but gently uplifting.

Friendship, generally, is a very precious commodity. If we are fortunate, we can number but four or five truly close friends.

I still remember my introductory lesson in defining friendship. When asked to produce a list, for my Sweet Sixteen, I presented my parents with a veritable registry of everyone who had ever touched my life. When asked who all these people were, I replied matter-of-factly "These are my friends!" "All of these people are your friends?" replied my father. "Perhaps you had better look up the words *friend* and *acquaintance* in the dictionary." Having done so, I sheepishly had to admit that I had a lot of acquaintances on my list.

I certainly don't mean to denigrate this form of relationship. We all have acquaintances in business, volunteer organizations, sports groups and social settings. We are compatible because we share a common interest or goal. This type of relationship although valuable and enjoyable is highly specific.

What differentiates a friend from an acquaintance? For me, it has a lot to do with the intensity of the relationship. In its purest form it transcends all the everyday concerns and demands. It is more a meeting of the souls, a harmony of the minds. It is not goal oriented. In fact, a good friend may not even share many of the same interests as you do. It's akin to marriage in some ways in that the relationship is somehow independent of the usual social criteria.

A childhood friendship is characterized by the above definition, but it is all that and more. It has a lot to do with going back to basics. I find it exhilarating to spend time with my eldest (one has to be so careful here - I am referring not to her age but the length of time I've known her) and dearest friend.

Although we relate on a present day level, there is a subtle secondary relationship operating at the same time. If you've ever watched the television program *Sisters*, the main characters often have an out-of-body experience in which the adult watches the child-self react. Similarly, my friend and I can still see each other as the kids we once were. It is only a childhood friend that can have this unique perspective.

The friendship is unconditional. There are no pretences, no encumbrances. Acquisitions, social standing and titles are swept away - they are not relevant.

It is a refreshing pause in an otherwise frenetic life to momentarily shed some of the many roles accumulated over time - wife, mother, cook, chairperson, professional. I am simply "me". For a while some of the harsher realities of adult life can be put aside, to be tempered by an infusion of childhood enthusiasm.

I treasure my friend for always being there for me, for her sense of humour, altruism and exquisite sensitivity. There is no greater gift than friendship. It is like a wonderful souffle that combines the rarest, most delicate and delicious of ingredients.

Sponsored by Beth Shalom West

Seminar of Interest to all Women

By Carol Diamond

Final preparations are now under way for what promises to be a most stimulating and informative Women's Day Seminar scheduled to take place at Beth Shalom West 15 Chartwell Ave. on Sunday, February 21 from 9 am to 4 pm. The theme for this year's Seminar is "Who Am I As a Jewish Woman? Can We Reconcile the Jewish Views With The Twentieth-Century Woman?"

In addition to a number of talented panelists who will assist the group in identifying and exploring the various issues raised, two remarkable individuals who have devoted themselves to bringing Jewish awareness and spirituality to the communities where they have lived, will share their unique experiences and insights with the Seminar participants. Rena Schochet, now of Toronto, and Sharon Levy, now of Kitchener, are both community leaders and educators, wives and mothers, who have reacted young and old alike through their extensive outreach work and formal and informal educational programs.

Rena Schochet, who will be the keynote speaker, is presently the Director of the Women's Studies Program, Oum Somayach Jewish Education Program (JEP) in Thornhill and is also a counselor for Jewish Marriage Education. After spending several years in Israel she and her husband, Rabbi Avrom Schochet, moved to a small community in Johannesburg, South Africa. During their eighteen year stay they were involved in extensive educational and outreach work.



Sharon Levy has also faced the challenges of bringing Jewish learning and culture to relatively

small sized Jewish communities. After extensive educational experience in Israel Sharon and her husband, Rabbi David Levy, moved to Wichita, Kansas where Sharon founded the Aleph-Bet Preschool. The Levys now live in Kitchener where Sharon is the Jewish Program Co-ordinator and a teacher at Kitchener-Waterloo Hebrew Day School.

At the Seminar, a workshop will be held in which the participants will be asked to reflect on and respond to specific questions and concerns that have been raised by members of our community. A panel discussion will then be held in which two key issues will be addressed:

- (1) How do I maintain my identity as a Jewish woman
 - (i) in my home;
 - (ii) at my work; and
 - (iii) in my community? and
- (2) What tools do I need to give my children to enable them to build their own Jewish values and identity?

The cost of the Seminar is \$20.00 per person. Coffee and registration will take place at 8:30 am on Sunday, February 21 and the Seminar will commence at 9:00 am. A pre-buffet luncheon will be served.

Those interested in attending the Seminar are asked to register no later than February 17 by contacting the Beth Shalom West Office at 723-1800. For further information, please contact Elaine Friedberg at 224-4343 or Debbie Fischman at 829-6514.

Engaged!

Marilyn and Daniel Kimmel are pleased to announce the engagement of their daughter Linda, to Warren, son of Leah and Morris Melamed. An August wedding is planned.

Engagement

Marlene and Hymie Reichstein and Isabel and Norman Lesh are delighted to announce the engagement of their children, Hildy Gail to Steven Ian. Proud grandparents are Sylvia and Nathan Abrams of Montreal. A July wedding is planned.

It's A Boy!

Howard and Barbara Geller (nee Lichtenstein) are thrilled to announce the birth of their son, Lorne Zachary, born Monday, December 28, 1992. A little brother for Erica. Proud grandparents are Joe and Jean Lichtenstein of Ottawa and Betty Geller of Toronto.

Mailbag

Dear Editor:

In your December 11 edition of the Bulletin, you ran an article written by Reesa Aaron, on the Chevra Kadisha's commitment to the Ottawa community.

It awakened a sad but cherished memory. My father Moses Krantzberg died suddenly of a heart attack in December 1935. We were five children aged 8-24 years; my brother Izzy, myself (Anne), Morrie, Jake and Julie. My mother and we, the children, were bewildered, frightened and lost. In those days the body was kept at home. Mr. Gosewich from the Chevra Kadisha came to our home which was at 13 Nelson Street. His kindness comforted us. He spent the night in our home and looked after everything that had to be done. I will never forget his kindness and his sweetness. I also remember Mrs. Gosewich. They were a beautiful couple always friendly and smiling. Even though I have been away for fifty years, I remember the work of the Chevra Kadisha and admire the men and women who do this noble work.

Anne Froimovitch (Krantzberg) Montreal

Bulletin Deadlines

Wednesday, February 24
for March 12 issue

Wednesday, March 10
for March 26 issue

Wednesday, March 31
for April 16 issue



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View from the Pulpit



Open Hands

By Rabbi Irwin A. Tanenbaum
Temple Israel

I have visited Israel seven times. Each opportunity has been unique; each experience offered something special. Last month, 120 rabbis from North and South America gathered in Jerusalem for the "Eighth Annual Israel Bonds Rabbinic Conference in Israel". From Ottawa, Rabbis Bulka and Finkelstein also participated this year.

This conference is the only one of its kind, for it involves rabbis from the four branches of Judaism. We come together for learning, prayer and fellowship in the Golden City of Jerusalem. This expression of Klal Yisrael alone could warrant this conference's continuance.

In addition to spiritual communion, we rabbis are granted an insider's tour of the latest political, military and cultural developments of our beloved Israel. This year we were eager to talk with new Olim, meet with the new Chalutzim (pioneers) in settlements and rapidly expanding towns all across Israel, and experience first hand the fantastic expansion of technology there.

And lectures! Did we hear lectures!

We came, we saw, we listened. Mayors, rabbis, Cabinet Ministers, economists, Knesset members, professors, and cab drivers (often the most interesting). They all spoke with excitement of the new Olim and the potential of this great resource. They shared their visions, their hopes, their dreams. Their efforts to fulfill the future, to build for tomorrow, reinvigorated my personal commitment to support this state of ours called Israel.

Our tradition teaches that when we are born, our fists are clenched, symbolizing an acquisitive desire to capture and maintain possessions. When we die, however, our hands are open indicating the impossibility of keeping forever that which we have accumulated.

In more primitive times, the wealthy and powerful tried to take their possessions with them. They filled their tombs with the earthly splendour that adorned their lives, and sealed these tombs permanently.

Not so our mandate! Our challenge is not to surround ourselves with luxurious objects, but to prepare for the future. This our sisters and brothers in Israel know full well. Our greatest fulfillment can come from individual acts and deeds.

Tu B'Shevat, celebrated this year in early February, provides just such a reminder and opportunity. By opening our hands we can help Israel in two ways.

First: Give! Buy trees! Thus do we celebrate this "birthday of the trees". Many of our congregations are participating in special projects with our Jewish National Fund. Call our JNF office at 789-9847 and pledge today.

Second: Invest! State of Israel Bonds offers a concrete opportunity to help provide the infrastructure that Israel needs: roads, buildings, jobs, livelihoods for thousands. The return on this investment is far greater than the guaranteed interest paid out. The real return is in lives invigorated through our own involvement; people given a chance to earn their own way through our loans. Call our Israel Bonds office at 789-7139 today, and invest in Israel's future.

I am grateful to Israel Bonds, El Al, the Israel Ministry of Tourism, and Temple Israel for giving me another opportunity to relearn meaningful lessons.

Star of David at Hillel Lodge

Students and Seniors Celebrate Chanukah

By Hennie Honigman

The students of Star of David Hebrew School shared their Chanukah celebration with the residents of Hillel Lodge on December 16. To create a festive touch, the students decorated the walls of the Lodge with their arts and crafts.

A play performed by the Grade 5 class brought laughter to the residents. The students then led everyone in a sing-a-long of traditional Hebrew and Yiddish songs.

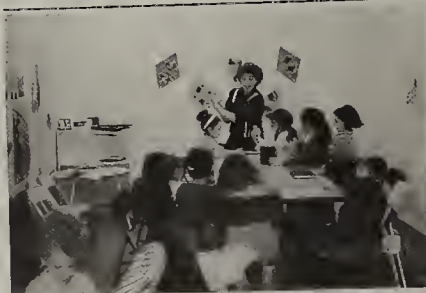
The highlight of the afternoon was when the students presented each resident with a hand-made Chanukah eard and saw the smiles of appreciation. One person remarked "This card is so beautiful, I will hang it up in my room."

The men and women of Hillel



Star of David students celebrate Chanukah at Hillel Lodge

Lodge gave a warm and enthusiastic welcome to the students, teachers and parents. In return, the group from Star of David enjoyed the great mitzvah of bringing pleasure to others.



Award-winning educator, Malka Touger is shown with children enrolled in a summer children's program at the Jewish Youth Library of Ottawa, Chaya Mushka Building. For further information on the program, call 729-7712 or 729-1619.

CLIP AND SAVE

Please note:

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PROFESSIONAL PROFILE

Interview with Mark Palmer: Tamir Foundation

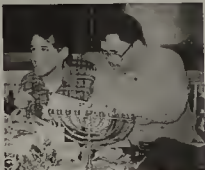
This article is the first in a series of profiles of those individuals that have chosen Jewish community service as their vocation. The Bulletin thought you would be interested in knowing the personality behind the face, the motivation behind choosing a position within the Jewish community.

by Alyce Baker

An appointment had been set up to interview Mark Palmer in his capacity as executive director of the Tamir Foundation. However, I quickly found out that the position and the institution are highly intertwined.

Mark was reluctant to have the dialogue focus on him. Instead he was keen on profiling all the participants involved, be it staff, residents and/or volunteers. So it came to be that I had the unexpected opportunity to see the workings of the Tamir Foundation first hand.

Palmer has been executive director for two and a half years. A native Ottawan, he previously worked for Ottawa Carleton Lifeskills, the Ottawa Association for the Mentally Retarded and



Michael Broitman and Brian Murray opening their "loot" at Tamir Foundation Chanukah party.

the Children's Aid Society.

Though burnout is known to plague this profession Mark appears eager to attain new goals and remains enthusiastic and positive.

Palmer has had the opportunity to see the organization strengthen

and grow. There have been many highlights during his tenure. Among them are the acceptance and completion of Tamir's growth proposal. Currently there are two separate residences which are part of City Living projects. They are funded primarily by the Ministry of Community and Social Services.

Another high point was the transfer of two young men from the Rideau Regional Centre. They are now independent residents of Tamir. "Institutional living is the old way," says Palmer. "We try to have people live in a normal environment."

A third success is witnessing the progress made by the residents. "We all measure progress differently. For those folks it's a different scale."

Last but not least is the element of family satisfaction in that these young men can live a full and rewarding life.

Mark Palmer's biggest surprise since coming into the position was the realization that Judaism played a significant role in the residents' lives.

Though physically apart from their families these young men identify strongly as Jews.

As in other organizations that have attained their primary goals, Tamir still has many things to accomplish.

In tandem with other social service agencies, a survey is being conducted to help identify the needs of their target community; this includes potential residents, the range of developmental disabilities and a needs assessment.

Tamir has a very strong board of committed members. New volunteers are always welcome to assist in fundraising, policy and procedure or education and outreach.

Everyone has a wish list. Mark Palmer's would include the following:

- 1) Enlarging the list of advocates in the community. People to act as "Big Brothers or Sisters" would be most appreciated.
- 2) Involving residents with the general community either

through groups (ie. JSU Hillel) or by opening one's home for Shabbat dinner or a Passover seder.

My personal tour of the residences was enlightening. The furnishings were new and cosy. I was especially impressed that each young man put his personal stamp on his living quarters. Whether it be a sports hero poster, pin-up girl or art work, the environment was warm and inviting.

"Institutional living is the old way" says Mark Palmer "We try to have people live in a normal environment."

In one residence I was introduced to Lee as he prepared dinner in a traditional Jewish kitchen. I asked him to share some of his recipes and/or experiences with our readers and I hope he will oblige us in the near future.

I left Tamir with a high regard for Mark Palmer and the staff of the Foundation. They have the opportunity to forge special relationships with some unique individuals.

Trees of Life and Trees of Light: Some thoughts on Tu B'Shevat

By Ian J Kagedan

The Mishna, an ancient corpus of Jewish law, tells us (in Tractate Rosh Hashana) that four "New Years" are to be marked: in Nisan begins the yearly festival cycle (with Pesach) as do royal years; in Elul begins the cattle tithing year; in Tishri, civil years (this is our Rosh Hashana); and in Shevat, the new year for fruit trees. Our custom is to mark this latter New Year on the fifteenth of the month, Tu (The Hebrew letters for TU add up to 15) B'Shevat.

Trees are a symbol of rebirth and growth

Trees are a powerful symbol in our tradition and a powerful symbol of rebirth and growth in modern-day Eretz Yisrael. In exploring the dynamics of this symbol we gain an added appreciation of our New Year for trees which this year falls on February 6.

The end of the Hebrew month of Kislev (roughly, late November to late December) comes when days are at their shortest and nothing is growing in the winter ground. We celebrate Hanukkah at the end of Kislev and challenge the death and darkness of winter with the menorah, a special sort of tree, complete with stalk and branches. It can overcome even our frost and seasonal darkness and inspire us with its light. In lighting up the natural world the menorah inspires us to brighten our spiritual and communal experience as the Maccabees did long ago.

In recent weeks' Torah readings we encounter another special tree, the bush which Moses encounters in the wilderness on Horev, Mount Sinai, which the Torah calls "the mountain of God." It is a bush which burns but is not consumed, and for Moses it is a source of inspiration and mission: here is where God

assigns him the role of leader in a critical phase of our history as a people. Perhaps that bush is a model for the original menorah which stood in the *mishkan*, the moveable sanctuary which travelled with our ancestors in the desert after the exodus from Egypt, then came to rest in King Solomon's temple. It was a later version of that Temple that the Maccabees liberated that first Hanukkah some 2150 years ago. As the bush burned on Horev, a holy mountain of one era, so the menorah comes to burn in the Holy of Holies on the Temple Mount, God's holy mountain for eternity. Both mountains are themselves places of revelation, both "burning bushes" sources of inspiration. Our tradition sees the two mountains as one in their meaning for us as a people: when we take the Torah out of the Ark we say "From Zion (the Temple Mount) goes forth Torah and the word of the Lord from Jerusalem."

People are likened to trees planted in God's land

Half a season after Hanukkah, on Tu B'Shevat, winter's death and darkness are gone. The days are getting longer and in Eretz Yisrael the almond tree is the first to come into bloom. Even in our cold climate the longer days are reassuring that spring and summer are not too far away. The day provides us with an occasion to reflect on the dynamic symbol of the tree and planting. A few biblical verses provide a glimpse of the vitality of this symbol in our tradition: As a people we are likened to trees, planted in God's land (Exodus 15:17), we are a vine brought out of Egypt, and God plants us in His land permanently (Psalm 80:9-12). The tree is also a powerful symbol of permanence and confidence in the future, and the righteous person, the *zaddik*, is likened to a palm

and a cedar, planted in God's own Temple garden. These trees are strong yet flexible, able to sway with breezes and to withstand strong and destructive winds.

Plant Trees in Israel

Various customs are associated with the celebration of Tu B'Shevat, and virtually all include the eating of the special fruits of Eretz Yisrael, wheat, barley, grapes, figs, pomegranates, olives and sweet dates. Some sample these special fruits in the course of a Tu B'Shevat Seder which provides an opportunity for reflection on our tradition's ecological consciousness and on the gift which God gives us in making our land one which "flows with milk and honey." Tu B'Shevat is also a time for action on our ecological agenda, especially through the planting of trees. As far back as I can recall the weeks preceding Tu B'Shevat was the time we brought our pennies (later it was nickels, then dimes, and now I don't ask my children how much) to our Hebrew schools to buy leaf stamps which we would affix to tree certificates to help plant trees through the JNF in Eretz Yisrael. The cause is as crucial today as it was back when the State was young.

Tu B'Shevat is a subtle *yom tov*, not labour-intensive like Sukkot or Pesach or synagogue-intensive like Rosh Hashana or Yom Kippur. In experiencing its subtlety we appreciate the complexity of its message and the power of its challenge: to get over our natural, national and personal winters and to apply ourselves with confidence to assure a spring of new growth and a brighter tomorrow.

Ian J Kagedan, a former professor of religious studies, is Director of Government Relations for B'nai Brith Canada.

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From Soup to Nuts

By Donna Karlin

Once a year I do a column on THE most decadent of all foods — chocolate. One never tires of all the different ways to use chocolate. Some of the most cherished memories are triggered by this food — the fudge cake you had at your fifth birthday party; the first time you sampled the light and airy taste of a perfect chocolate soufflé to the smooth cup of cocoa you loved to drink with the miniature marshmallows bobbing in your cup after a day of skiing or riding on a toboggan or flying saucer. No matter how fancy or simple it is, it will always be memorable!

Pâté de Bittersweet Chocolate With Grand Marnier Sauce

Pâté	Grand Marnier Sauce
15 oz bittersweet chocolate	1 1/2 cups light cream
1 cup whipping cream	3/4 cup shredded sweet coconut
4 Tbsp unsalted butter	1/4 cup sugar
4 egg yolks	Pinch salt
3/4 cup icing sugar	1/4 tsp pure vanilla extract
6 Tbsp dark rum	5 egg yolks
	4-6 Tbsp orange liqueur (Grand Marnier)

For the pâté: Break the chocolate in small pieces and place in a stainless steel bowl. Add cream and butter and place bowl over a pan of simmering water. Stir occasionally until chocolate is melted. Beat until it is smooth and thickened slightly. It will appear glossy and dark. Remove the bowl from heat. Whisk in the yolks, one at a time, beating well after each addition. Sift the icing sugar onto the surface of the chocolate, whisking constantly. Continue until all the sugar is added and chocolate is thick and glossy. Whisk in the rum. Butter a 4 cup loaf pan. Line with parchment or waxed paper, letting the paper extend over the edge about 2". Butter the paper. Pour the pâté into the mold. Cover with plastic wrap and chill overnight. It can be made 2 days ahead.

For the Sauce: Scald cream by bringing it just to the boiling point over low heat. Add coconut and let steep until cream cools. Reheat it to the boiling point again. Meanwhile, beat together the sugar, salt, vanilla and egg yolks in another saucepan. Slowly stir the hot cream into the egg mixture, beating constantly with a wire whisk. Place sauce in a heavy bottomed saucepan over low heat. Stir with a wooden spoon until mixture thickens and coats the back of the spoon. Make sure it doesn't boil for it will curdle. Remove from heat and whisk for 15 seconds to cool slightly. Strain through a fine sieve to remove coconut and add liqueur. Cool and refrigerate.

To assemble: Unmold pâté by lifting it out with the paper. If it doesn't easily remove, lower mold into warm water for a few seconds to loosen. Remove the paper and slice the pâté into 1/3" thick slices, using a very hot sharp knife or tightly held wire or unwaxed dental floss. Let sit at room temperature on the plates for 30 minutes, then spoon sauce around the sides. Serves 8.

Note: This is a very rich dessert, but a little goes a long way. Make the pâté and the sauce at least a day ahead. It makes an incredible dessert!



Chocolate Marquise Torte

Meringue:	Chocolate Buttercream:
4 Tbsp cocoa	1/4 lb bittersweet chocolate
1 cup icing sugar	6 Tbsp unsalted butter
3/4 cup egg whites (6-8)	1/2 cup icing sugar
2/3 cup sugar	3 eggs, separated
	6 Tbsp cocoa powder
	1 1/2 cups whipping cream

For meringue: Sift cocoa and icing sugar together twice and set aside. In large mixer bowl, beat the egg whites on medium speed until they hold soft peaks. Raise speed to HIGH and slowly add the granulated sugar, a few Tbsp at a time. Beat until meringue is stiff and glossy and sugar is dissolved. By hand, fold in cocoa powder mixture in thirds, working quickly and gently. Draw two 9" circles on parchment paper on cookie sheet. Spread meringue evenly within circles, smoothing tops with a spatula. Bake at 300° for 50-60 minutes or until firm. Turn off oven and leave door ajar and let meringue sit until cool. Remove from parchment and set aside.

For the Buttercream: Coarsely chop chocolate and melt in bowl until smooth. Remove from heat and add butter in half tablespoon pieces, and the icing sugar. Beat until smooth. Add egg yolks, one at a time. Sift cocoa powder over and whisk well. Cool to room temperature. Beat 6 Tbsp of whipping cream until soft peaks form. Set aside. Beat egg whites until stiff. Fold along with the whipped cream into chocolate mixture until all incorporated. Whip remaining cream until stiff. Set aside.

To assemble: Place 1 meringue layer on a tray. Spread with 1/3 of the chocolate mixture. Top with 2/3 of the whipping cream and other meringue disk. Use remaining chocolate mixture to cover top and sides of torte. Pipe or spread remaining cream around the edge. Chill. Remove from refrigerator 30 minutes before serving. Better made 1 day ahead to let the meringue soften. Serves 8-10.

Indulge yourself at A Taste of Chocolate Sunday Feb. 7

Attention all Chocophiles! The Amit Chapter of Hadassah-Wizo is presenting its sixth annual *A Taste of Chocolate* on Sunday February 7, from noon until 5 pm at the Citadel Inn (formerly the Skyline Hotel).

This year, for the first time, *A Taste of Chocolate* will present Celebrity Café. Radio and television celebrities will create delicious chocolate desserts which will be available for purchase by the slice.

The National Capital Valentine Cake Contest and Auction will be returning this year. Professional and student chefs will compete with each other to bake the cake with the most originality, best taste and romantic appeal.

Also returning by popular demand are the Silent Auction and the Chocolate Arcade. The Silent Auction will be full of interesting and valuable items open for bid all afternoon. The Chocolate Arcade offers a variety of games and contests for children of all ages, including the Sweetest Parent Contest.

Included among this year's exhibitors are: Algonquin College Hospitality Centre, Fetucine's, Home Sweet Home,



A Taste of Chocolate brings out an appreciative crowd. This picture was taken at last year's event.

Karen's Chocolates, Kit & Kaboodles, Laugh It Up, Le Cordon Bleu Paris Cooking School, Le Chocolat Belge-Daniel, Loeb, M. Felix and Mr Norton Cookies, Mondose Chocolates, Penguin's Palace, Piccolo Grande, Stubbe Chocolates, Swiss Pastries & Delicatessen, The Bagel Oven & Deli, Toblerone, Tuip and Maple and Village Treats.

Tickets to a *Taste of Chocolate* are \$6 for adults and \$3 for children under 12. Tickets may be

purchased in advance from Ticket Masters or at the door, starting at 11:30 am on the day of the show.

Reservations are now being taken for a Gourmet Dessert Workshop with well-known Toronto pastry chef Joanne Yellies. The workshop will be held from 9:30 am to 11:30 am on the morning of the show. Tickets are \$40 and include admission to *A Taste of Chocolate*. To register please call the Hadassah office at 728-3784.

New Israeli Technique Makes Melons ripe for Winter Export

TEL AVIV (JTA) — Agricultural scientists at Ben-Gurion University of the Negev are introducing a new technique that will enable melons to be grown in winter for export.

The new system is based on the theory that what is good for humans should help the growth of the fruit and thereby bring in high prices in Europe.

Israeli cantaloupe and honeydew melons sell for premium out-of-season prices at the best hotels and gourmet restaurants in Europe.

Thermal Blanket for Plants

Professor Dov Pasternak of Ben-Gurion's Institute for Agriculture and Applied Biology said at a news conference that the technique uses "passive solar energy" and "solar blankets."

Solar energy would reduce the cost of heating, thereby bringing down the price of the melons.

The method of "solar blankets" uses plastic pipes full of water heated by solar energy by day.

At night, a "thermal blanket" of plastic sheeting is placed over the crop, preventing the heat from dissipating, and keeping the inside temperature about 13 degrees Fahrenheit above the outside temperature.

Pasternak called the idea "simple."

"People wrap themselves in blankets during the winter to preserve their body heat. We use a thermal blanket to warm up the plants."

"We have joined the principles of passive solar energy and greenhouse farming," he said.

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ORGANIZATIONS AND PEOPLE

Torah Fund Shabbaton

Norma Joseph is Featured Lecturer

By Anita Dubinsky

The Torah Fund Shabbaton, February 26 - 28, at the Agudath Israel Synagogue, 1400 Coldrey Avenue, will provide a unique experience to learn and explore our Jewish identity.

Norma Baumel Joseph, a full-time member of the faculty of Women and Religion at Concordia University, Montreal, will be the featured lecturer.

Her primary area of expertise is Women and Judaism including history, law, bible and feminist Judaism, as well as ethics and Judaism relating to family and medical ethics. She has an extensive list of publications to her credit, primarily in the area of women and religion. Currently, she is nearing completion of her



Norma Baumel Joseph

Ph.D. in the field of religion and comparative ethics.

Joseph is the founder of the Montreal Women's Prayer Group, an activist on behalf of

amending Canadian divorce law in order to protect Jewish women, and director of the International Committee for Women at the Kotel. She was a consultant, principal and writer for the film, *Half the Kingdom* and she published *Half the Kingdom*, the book.

The theme of the Shabbaton, "Partners and Participants: Women in Jewish Life" will be developed through four special events with Norma Joseph.

On Friday February 26, a traditional Shabbat meal will be served at 6:30 pm followed by a lecture entitled "Ritual Precedents and Possibilities". The cost for this event, is \$30.00 per adult and \$20.00 per child. Reservations are required by February 19 to the Shul office at 728-3501.

On Shabbat morning, Joseph will address the congregation on "Women in the Covenant Community". A kiddish luncheon will follow the services.

At the Seudat Shlishit, starting at \$20 the topic of the study session will be "Obligation and Exemption".

To conclude the weekend, a brunch will be held Sunday morning following services at 8:30 am. The lecture will be on "Jewish Women's History as a Precedent for Participation".

The Sisterhood of Agudath Israel, as sponsors of this enlightening series, extends a warm invitation to all in our Jewish community to participate in this important weekend.



Camp Kadimah Maccabiah Captains (1968)

Camp Kadimah's 50th Anniversary

By Laurie Pascoe

Camp Kadimah, a well known Jewish overnight summer camp, will celebrate its 50th anniversary this summer. Former campers and staff from all parts of the world have made plans to attend the gala reunion celebrations taking place on the August 1st weekend in Halifax and at the camp site.

A pre-reunion get-together for Ottawa area alumni is taking place on Tuesday, February 16 at 7:30 p.m. at the home of Marlene Cherun (Goldfarb), 49 Country Club Drive.

Besides reminiscing about the good old days, alumni will hear (and learn) the reunion theme

song (rumoured to be written by Paul McCartney). A discussion will take place about a National Capital area presentation at the reunion. Also to be considered are a banner, marching song, dining hall song and cheers. Howard Kaplan will be bringing his guitar and will sing his famous song "And I Am On The Next Train".

Of the eight 1968 Maccabiah Captains, four now reside in the Ottawa area. Can you name them? They will all be at the party. Bring your answer and your own Kadimah trivia questions to the gathering. Please RSVP to Keith Ross at 224-0857. Keith has been practising his "Peanut Butter" song for the affair.

Skating on Canal

Winterlude Event for Singles

By Diane Koven Poriah

The annual Winterlude skating party for Ottawa Jewish singles will take place this year on Saturday evening, February 13. The meeting place will once again be the party room at 60 McLeod Street where skaters will assemble at 7:30pm.

After skating on the canal, the

gang will return to the party room for refreshments, music and mingling. The cover charge for the evening will be \$5.00.

Non-skaters are welcome to come to the party as well. This annual event is always lots of fun.

For further information, or to RSVP, please call Diane at the JCC at 789-1818 by February 11.

Israeli Extravaganza at Machzikei Hadas Feb. 14

By Myra Marko

Machzikei Hadas Sisterhood invites you and your family to enter the world of dance, song and magical escapades. This fun-filled "trip" will take place at the Shul, 2310 Virginia Drive on February 14 starting at noon.

The Israeli Extravaganza Luncheon will feature Michal Strassburg who will screen a film about Israel and then demonstrate Israeli dances.

In addition, the Israel Singers directed by Shirley Steinberg will perform for the adults. Elliot Stegenga will entertain the children in the social hall with his

magic tricks.

Admission price is \$8.00 per person, \$24.00 per family. Tickets are available by calling the Shul office at 521-9700.

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Space is still available for the August session, July 29 to August 24th. For information, call the Director, Steve Gillick, at Camp Shalom, 788 Marlee Ave. #205, Toronto, M6B 3K1.

416-783-6744 (Call Collect)

An informational slide show evening will be held in Ottawa on February 4th.

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Mr and Mrs Mervin Blostein on birth of granddaughter by Gloria and Arni Faintuck
Gail and Guy Elbaz on birth of son by Ellen, Marty and Sharon Cardash
Norma Goldstein on her special birthday by Bernice and Isaac Kernzer
Harold and Miriam Gordon on birth of granddaughter by Jeffrey Weiner
Laurie Gordon on her special birthday by Joe and Doris Hoffman
Eli Hoffman on his birthday by Joe and Doris Hoffman
Bernice and Isaac Kernzer on birth of grandson by Ellen, Marty and Sharon Cardash and by Stanley and Norma Goldstein
Marilyn and Dan Kimmel on Linda's engagement by Sue, Jonathan, Simon and David Fisher and by Françoise, Ron, Liisa and Dan Vexler
Mr and Mrs Norman Lesh on Steven's engagement by Gloria and Arni Faintuck and Sue, Jonathan, Simon and David Fisher
Isabel and Norman Lesh on birth of granddaughter by Sue, Jonathan, Simon and David Fisher
Mr and Mrs Barry Litwick on their 25th wedding anniversary by Morton, Sheila, Stephanie and Harland Tanner
Mary and Len Potekin on birth of granddaughter by Joe and Doris Hoffman
Mr Thomas Sachs on his 100th birthday by Arni and Gloria Faintuck and by Shirley and Maurice Rose
Mr and Mrs Lou Satov on birth of granddaughter by Gloria and Arni Faintuck
Mr and Mrs Norry Satov on birth of daughter by Gloria and Arni Faintuck
Mrs Ricardo Smith on winning Governor General's Award by Roz, Nordau, Amit and Lisa Kanigsberg
Irene and Bob Stein on their 50th wedding anniversary by Miriam and Lou Weiner
Natalie Stern on her birthday by Norman and Elaine Wolfish
Mr and Mrs Leonard Wisberg on Eric and Sigal's marriage by Ethel, Abe, Eliza and Ian Murray

Refuah Sh'Leimah to:
Lawrence Freedman by Gloria and Arni Faintuck
Dr K Kuwayti by Shirley and Maurice Rose
Ron Levitan by Morton, Sheila, Stephanie and Harland Tanner
Mr Arnold Sparaga by Ethel, Abe, Eliza and Ian Murray
Jack Steinberg (Riverside Dr) by Bernice and Isaac Kernzer and by Chick and Rose Taylor
Max Steinberg by Joe and Doris Hoffman
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Joseph Cooper (Bayside, N.Y.) by Irene Waxman and Family
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Ida Eisenberg by Gloria and Arni Faintuck; by Bernice and Isaac Kernzer and by Shirley and Maurice Rose
Grandmother of Steven Handler by Laura Penso
Ruth Hirsch by Morton, Sheila, Stephanie and Harland Tanner
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ORGANIZATIONS AND PEOPLE CICF plans unique tour exploring wonders of Israel June 17 - July 1

By Geri Migicovsky

The Canada-Israel Cultural Committee is sponsoring an exciting tour to Israel June 17-July 1. This tour is unique in that it has been designed to emphasize the wonders of Israel through art, music, science and archaeology. Participants will learn from descendants of the very earliest settlers how they were able to overcome the hardships of the land. In addition, tour members will meet prominent and interesting personalities who are a vital part of Israel. Outlined are a few of the highlights of this tour.

Participants will attend a reception hosted by Mr. and Mrs. Rubin Zimmerman. Their magnificent home will be the backdrop for a musical presentation by some of the recipients of CICF scholarships.

There will be a visit to the newly renovated Susan Delal Centre for the performing arts. These historic buildings were the first structures that became the city of Tel Aviv.

Participants will tour the Aranson Family Home, now a museum dedicated to the Nili Group. This group provided intelligence to the British and helped them overthrow the yoke of the Turkish rulers.

You will be part of the beginning of man as viewed in the prehistoric caves of Mount Carmel and spend time at the sites of the most recent and exciting archaeological discoveries - Zippori with



Edie Koranyi



Sara Vered

its spectacular mosaics and the ancient city of Beit She'an.

Participants will view the tunnel at the Western Wall and have the unique experience of having as a personal guide the archaeologist responsible for its excavation.

A concert by Russian musicians at the Musical Centre in Jerusalem will be followed by a reception hosted by Mr. & Mrs.

Jehuda Ravek at their penthouse with its spectacular view of Jerusalem.

The above is just a taste of the excitement that awaits you in June 1993 when you join the CICF Israel tour.

For additional information and a complete itinerary, please call Mrs. Edie Koranyi at 236-6353 or Mrs. Sara Vered at 423-4152.



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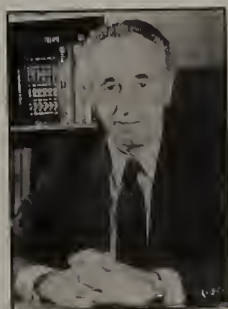
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March 29

- **Plenary Session: 7:00-9:30 p.m.**
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March 30

- **Policy Conference: 9:30 a.m.-5:00 p.m.**
— Federal Political Party Statements
— Plenary Session
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Guest Speaker



Hon. John Fraser, M.P., P.C.
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Registration Information: \$160.00 per person OR \$125.00 per person after March 7; full-time students with proper identification, \$50.00. Fee includes all Conference activities and Parliamentary Dinner. Full payment must accompany registration.

To register: Please complete form below and send, with full payment to: Canada-Israel Committee, Conference Registration, 130 Slater Street, Suite 630, Ottawa, Ontario, K1P 6E2. Please make your cheque payable to the Canada-Israel Committee.

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THE HEALTH FILE

Update on Medical Technology

Minimal Access Surgery: The Wave of the Future

By Dr. Victor Kaminsky

Up until recently a doctor's pronouncement that the patient needed gall bladder surgery (a cholecystectomy) would meet with genuine displeasure.

It was commonly known that not only did the operation necessitate a lengthy hospital stay, but the side effects of most forms of abdominal surgery were that of pain, cosmetic deformity and prolonged paralysis of the bowel. This often produced abdominal distention as well as cramps and would last as long as one week after the surgery. Thus, following a fairly simple abdominal procedure such as gall bladder removal, the patient required four to six weeks of convalescence after leaving the hospital.

For many years surgeons tried

various forms of minimal access surgery or less invasive techniques using different types of laparoscopic instruments. A laparoscope being a long tube which is inserted into the abdominal cavity together with a light. However, the amount of surgery that could be done was severely limited, so development of the process was a long time in coming.

In 1986, a computer chip t.v. camera attached to the laparoscope was developed and a new style of abdominal surgery was introduced. In 1987, the first laparoscopic cholecystectomy was performed by a French surgeon. He was soon followed by an American group in 1988.

Public awareness that endoscopic surgery is associated with diminished pain and cosmetic dis-

"In Ottawa today, I would estimate that 95% of gall bladder surgery is being performed laparoscopically... the patient goes home the next day."

figurement, as well as quicker resumption of normal activities has accelerated its acceptance by surgeons. Thus, interest in the procedure has grown, fuelled largely by patient demand. Since its introduction in 1987, laparoscopic cholecystectomy has taken the world by storm. More than 20,000 surgeons have received training in laparoscopic cholecys-

tectomy in the United States alone. Since then, as the procedure has become more popular across the globe, the number of surgeons performing this type of surgery has increased dramatically. In fact today, any surgeon who is unable to perform laparoscopic cholecystectomy is rapidly reaching a situation where he/she will no longer be able to perform this type of surgery using the old open technique.

Laparoscopic surgery was introduced into Ottawa two or three years ago. This was first performed in our major teaching centres as this type of surgery requires expensive equipment. However, once the procedure had been established in the major centres, it was soon adopted by the community hospitals. Although the gall bladder lends itself to the procedure, as surgeons have become more adept at performing this type of surgery, more major abdominal procedures were attempted and are now becoming an accepted form of treatment.

The procedure of laparoscopic cholecystectomy is generally performed under general anesthesia. A fine needle is inserted into the abdominal cavity and carbon dioxide gas is pumped into the cavity to convert it from a potential to a real cavity. A laparoscope is then inserted through the umbilicus. Attached to the laparoscope is a computer chip t.v. camera. The abdominal cavity is then completely visualized

and the decision is made as to whether this type of technique can be performed. In 95% of cases, the cholecystectomy can be performed using the laparoscopic technique. By grasping the gall bladder and using a number of different instruments, the gall bladder can then be detached. Having removed the gall bladder from its attachments, it is now free to be withdrawn either through the incision in the umbilicus or preferably through the incision just below the breast bone. The wounds are then closed using small pieces of sticky paper and a stitch which is placed under the skin and dissolves by itself.

"Interest in the procedure has been fuelled by patient demand... this surgery has taken the world by storm."

The following day the patient feels well enough for discharge and a week to ten days later is able to return to work.

In fact in some institutions the procedure is being performed on an outpatient basis.

In Ottawa today, I would estimate that 95% of cholecystectomies are being performed this way. Increasingly, other forms of abdominal surgery are being attempted laparoscopically. The other commonly performed procedures include hernia repairs, hiatus hernia repairs, ulcer surgery, major colon resections and other biliary surgery. Some of these are still in an experimental stage. However, there is no doubt in my mind that the use of minimal access surgery is definitely the wave of the future in abdominal surgery.

Dr. Kaminsky has a practice in general surgery.

Supplied by Magen David Adom

Vial of Life: It could save your life

By Bev Grostern
Volunteer Coordinator

A number of years ago the Vial of Life Program was introduced to our community by Sam and Dora Litwak active members of the Ottawa Chapter of the Canadian Magen David Adom. At that time many people expressed interest and wanted to be a part of this endeavour.

Once again it is time to refresh our memories on this topic and to re-introduce this very important opportunity. What exactly is *The Vial of Life*? Supplied by the Ottawa Chapter of Canadian Magen David Adom it is a plastic container which holds up to four emergency medical information forms. All medical information is recorded on each sheet and kept in the vials in the refrigerator.

The vial eliminates the search for medical information in the event of an emergency and pro-



vides peace of mind as well as serving a life-saving function should the need arise. The sticker, which is affixed to the refrigerator door, identifies to ambulance officials that relevant information pertaining to the patient's past and present medical history and usage of medication is contained in the vial inside the fridge. Fam-

ily members should also be advised where this medical information is stored. Another plus is that people can take their vials with them when they travel so they end up having all necessary medical information on hand.

To date over one thousand vials have been distributed in the Ottawa area. These vials are supplied at no charge to our community by the MDA.

All areas served by 911 have been advised of *The Vial of Life* and sticker. This includes the Ottawa-Carleton Regional Ambulance Service, Colonnade Barrhaven, Kanata, Orleans and Rockland Ambulance Services.

These vials supplied by MDA will be available at the office of Jewish Family Services, 151 Chapel Street. If you are interested please come by or call Bev Grostern at 789-1800.

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INTERNATIONAL AFFAIRS

Reality and Unreality in the United Nations

By Ian J. Kagedan

In recent years the United Nations has achieved a degree of unity of purpose well beyond its customary capacity, and this is a most welcome development. Still, the UN and its member agencies remain beset by the problem of politicization. It stands in the way of the UN developing into a truly effective actor in conflict resolution and in the promotion of peace-inducing development through international cooperation.

One UN agency where the problem of politicization is especially acute is the UN Commission on Human Rights (UNCHR), which began its 49th session on February 1. Membership in the Commission does not depend on a state's having signed even one of the various international human rights covenants which the UN has produced nor on a positive human rights record at home: Syria is a member, so too Libya and a host of other states whose behaviour betrays a total absence of even an elemental commitment to human rights.

In the highly politicized atmosphere of the UNCHR, if past experience is an accurate predictor of present-day possibilities, at least as far as the Middle East is concerned, the Commission's deliberations will so inadequately reflect reality as to do more harm than good.

Cast as an international outlaw by the now-repeated UN General Assembly resolution of

"Politics is the art of the possible, but if justice is not possible, the process itself must be condemned."

1975 which declared Zionism to be a form of racism, Israel has been regularly targeted in the UNCHR for abusive condemnation. At the same time, thanks to the efforts of an Arab-states-led voting block, until the Gulf War, Iraq had over five years evaded a resolution on its massive human rights violations. The fact that Saddam had used poison gas against his Kurdish citizens could be ignored. Since the Gulf War Iraq has faced the UNCHR's wrath. Assad's Syria has fared far better. Two years ago, no doubt in part thanks to its cooperation in the anti-Iraq coalition, Syria evaded the UNCHR's attention. Last year it managed to get itself out of consideration even under the Commission's confidential procedure, this despite a well-documented record of chronic abuse of the human rights of its citizens.

In 1992 the Commission's attention in the Middle East was turned to Israel, Iraq, Iran, and, under its confidential procedure, to Bahrain. The very list defies reality; what human rights problems exist in the "Occupied Territories" do not compare with the

everyday horrors faced by citizens in the other states called to account. Beyond this the Commission failed to consider human rights situations in Kuwait or Saudi Arabia, or the dangers faced by Copts in Egypt, or by women throughout the region. Reality was further defied in resolutions adopted; they draw a scene from a twilight zone where nothing is as it appears, and where Israel, the region's only democracy, is cast as the chief perpetrator of human rights abuse in the world.

In 1992 the Commission sank to a new low in a moral abyss in which Israel-bashing is a favorite sport. Resolutions passed on the situation of Palestinians legitimize their achieving their objectives "by all means" [i.e., including the use of force] and refer to Israeli "concentration camps" for Palestinians in the Territories. A resolution on South Lebanon castigates Israel while totally ignoring the fact that the Syrian occupation of most of Lebanon is the source of untold numbers of human rights abuses and the displacement of people. In comparison, resolutions passed against

Iran are relatively tame.

Without a forceful intervention by Western states we can't expect much better in 1993. We can expect a knee-jerk resolution condemning Israel's temporary removal of Hamas leaders even though Hamas plainly advocates the destruction of the state and has been involved in the killing of Palestinians who are ready to talk peace with Israel. It is hard to imagine than any Commission members would openly acknowledge that in cutting Hamas down to size Israel has struck a helpful blow against Islamic fundamentalism which has taken a serious toll in Egypt and Algeria and threatens the stability of the entire region. There will be calls for an end to the "double standard" which Saddam complains about, where Iraq endures UN sanctions while Israel does not, as though the two situations are even vaguely comparable.

We are not likely to see Saudi Arabia's range of human rights abuses denounced, nor King Fahd's declaration that "The democratic system prevailing in the world does not suit us in this

region." We won't likely see a denunciation of the abuse of women's rights throughout the region nor see a denunciation of Syrian abuses which have included arbitrary arrest and imprisonment, torture and executions, nor of problems of religious intolerance in many Arab and Islamic states, nor of the problem of the highly politicized nationalistic Islamic fundamentalism itself.

If the UNCHR is to possess any credibility it must be transparently committed to justice and fairness. In denying Middle East realities the UNCHR is itself an abuser. Canada should press for integrity in the UNCHR's process, for the sake of the Commission itself, and for the sake of the cause it espouses. Politics is the art of the possible, but if justice is not possible, the process itself must be condemned. In the murky world of international politics entering the UNCHR is like entering the twilight zone. It's time for the world's democracies to turn on a few spotlights.

Ian J. Kagedan is Director of Government Relations for B'nai Brith Canada.

"... a scene from a twilight zone where nothing is as it appears and Israel ... is cast as chief perpetrator of human rights abuse."



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OPEN HOUSE

An information **OPEN HOUSE** will be held on **Thursday, Feb. 11** between **6:30-8:30** at the **Broadview Campus** of the J.C.C. (881 Broadview Ave.)

Parents and campers interested in learning more about the camp are invited to drop by.

Staffing Positions Available

1. Head of tripping.
2. Head of canoeing.
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CAMPER/STAFF REUNION

WHEN: Saturday, February 20, 7:30 p.m. to 10:00 p.m.
WHERE: J.C.C. 881 Broadview Ave.
WHO: Campers and staff from this past summer
WHY: To talk about the good times we had and see all of our old friends.
Free admission: light refreshments and supervision provided by the camp



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FOCUS ON FINANCE

Your finances in the '90's

Joseph's Dream and Proper Estate Planning

By Sidney W Goldstein
Behold, there come seven years of great plenty throughout all the land of Egypt.
And there shall arise after them seven years of famine; and all the plenty shall be forgotten in the land of Egypt; And the plenty shall not be known in the land by reason of the famine following; for it shall be very grievous.

BERAISHIS, Chapter 41
Once upon a time there was a country called Canada, where everyone grew up knowing that education and health care were free, and where everyone could have a good job with growing income. One could expect to be able to afford a house, two cars, Florida vacations, summer camp for one's children and the best band playing the night away at your children's Bar and Bat Mitzvahs.

For a generation the average Canadian businessperson has had only the pressures of worrying how to tax shelter healthy and growing incomes.

Until the 1990's, tax and estate planners were told by their clients to assume that:

- (i) there is lots of income to take care of all current needs;
- (ii) income would grow faster than expenses;
- (iii) inflation would ensure that investments could only add to resources over the long term;
- (iv) our parents were generally self sufficient either because they had government pension and health coverage to at least meet basic needs, and investments were generating double digit interest rates to

- (v) provide extra income; our kids would have the same great job and business prospects and thus could expect to afford all the material things on their own.

With such assumptions and no significant death taxes, the future would basically take care of itself.

The new reality is that most of those assumptions are either invalid or at least questionable: fewer jobs; family business failures; tough business environment; declining investment returns; increasing investment losses and risks; and musings by government that health and social benefit programs may have to be restricted.

The fairy tale has given way to a new reality. Many baby-boomers faced with tough economic times are being forced to re-examine their estate planning

in order to ensure that there are appropriate and adequate resources to carry out their long term objectives and fulfil their real and perceived responsibilities.

Interestingly, the new reality draws on traditional solutions used throughout history before the fairy tale of the last thirty years.

Children will live with parents longer; parents will move in with children. Businesses may require greater family participation as people look both for livelihoods for their children, and to reduce the risk and expense of arm's length employees. Investments and business will be much less leveraged. Use of life insurance as a precaution will increase. Retirement at 65, and certainly early retirement, may be unsustainable.

Who are some of the people

who should re-evaluate their financial positions?

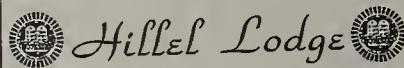
- The person whose primary income and resources come from an operating business;
- The person who has significant loans outstanding against investments of declining or doubtful value;
- The person who has university age children or young married children without jobs or job prospects;
- The person who is in failing health and/or who has parents or other dependants in failing health;
- The fifty year old who did an "estate freeze" and now

finds his/her assets inadequate;

Once people like these make the short term adjustments, they and their financial advisors will have to re-think their future.

Joseph's dream of years of plenty and security, being replaced by years of shortfalls and uncertainty is being re-played. Joseph's brothers were forced by economic hard times to look for solutions from their previously disdained brother. Such a re-thinking and re-alignment of overall family resources may be necessary in many families today.

Mr. Goldstein is a tax lawyer and partner in an Ottawa law firm.



Your donation to the Ottawa Jewish Home of the Aged assists in providing high quality care for the Jewish elderly.

In Honour of:

Tom Sachs on his special birthday by Helen and Isaac Beiles; and by Beverly Chodikoff.

Dr. and Mrs. Weiss on the birth of their daughter Lauren by Brenda, Nathan, Jesse and Daniel Levine.

Mildred and Irving Max on their 50th wedding anniversary by Sarah and Arthur Max.

Miriam and Louis Weiner on their 49th wedding anniversary by Jeffrey Steven Weiner.

Mr. Gerald Simmons on his birthday by Athene and Ossie Recf.

Amelia Silver on her 90th birthday by Lillian and Morris Kimmel; and by Brenda, Nathan, Jesse and Daniel Levine.

Mr. and Mrs. Joseph Lichtenstein on the birth of their grandson by Lillian and Morris Kimmel.

Mrs. Freda Lipson wishing her health and contentment always by Helen and Isaac Beiles.

R'Yaah Sh'lemah for Mr. Gordon Shore by Percy and Rosalie Shor and Family; and by Lil Dubinsky.

Rose Yanover by Thelma Steinman; and by Betty and Sid Finkelman.

In Memory of: Eva Selter by Beverly Chodikoff; and by David Kronick.

Joseph Kohn by Judy and Seymour Berger.

Sara Metrick by Leonard and Ruth Kirsh; by Beverly Chodikoff; and by Helen and Isaac Beiles.

Ida Eisenberg by Brenda and Nathan Levine; and by Lillian and Morris Kimmel.

Grandmother of Jonathan Calef by Brenda and Nathan Levine.

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Israel Improves Patriot Missiles

TEL AVIV (JTA) — Israeli army engineers and scientists have reportedly made improvements in the U.S.-made Patriot missile system, boosting its capability of thwarting attacks from advanced Scud missiles.

The Israelis have amended the software, radar and central computer of the Patriot, originally developed as an anti-aircraft missile.

Reports following the Persian Gulf War indicated that the much-vaunted Patriot missile had indeed had a much greater failure rate than was previously attributed to it.

The missile, which is made in Lexington, Mass., by the Raytheon Corp., was not always successful when fired against Iraqi Scud missiles during the 1991 Gulf War. Harmful debris from both the incoming Scud and the outgoing Patriots sometimes fell in the area the missile was meant to protect.

The reported enhancements are part of a multistage plan, carried out in cooperation with the United States. Brig. Gen. Yitzhak Biran told the Air Force Journal.



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NEW OTTAWANS

A series of interviews with newcomers who discuss their impressions and views about living in our community.

by Alyce Baker

Seymour and Hana Brownstein moved to Ottawa in August. In the five months since they have taken up residence in Canada's capital, they have sampled more local restaurants and participated in more activities than most of us who have lived here ten years.

Hana, a Sabra came to Montreal on a visit at the age of 17. Relatives persuaded her to stay and she attended the Jewish Seminary to study education. This was followed by a job at United Talmud Torah.

"Ottawa has so much potential for us" says couple who has also lived in Montreal, Washington and Indonesia.

Seymour, a born and bred Montrealeur, graduated from McGill University Medical School. His studies have taken him to many locations including

Washington and Indonesia. An ophthalmologist with a specialty in eye pathology, Brownstein was recruited by the University of Ottawa to help establish the new



Seymour and Hana Brownstein

Eye Institute at the Ottawa General Hospital. He heads the research department.

Although the Brownsteins were extremely happy in Montreal, surrounded by close friends and family and both fulfilled professionally, Hana told Seymour "to go for it" when the job offer arose.

The couple has three children: a daughter in first year university, another daughter in Grade 7 and a son in Junior Kindergarten, both at Hillel Academy.

"The children have adapted well," says Seymour adding that they all participate in local Jewish organizations be it JSU-Hillel, or J.C.C. youth programs. They only wish more kids would be involved with them.

The Brownsteins were quick to

praise the Shalom Welcome Service and the Newcomers' functions to which they were invited.

Hana has settled into a comfortable pattern, already active in a tennis group and a ladies' ski day. Her primary concern is to see that the children are well ensconced in their daily routine.

Seymour is a self-confessed workaholic and when not administering the research department or tending to his private practice the Brownsteins often travel to exotic parts of the world where he is invited to lecture and deliver papers. Yet he still finds time to play tennis or skate on the Canal or at Centrepiste, activities he didn't do in Montreal.

When I asked Dr Brownstein when he knew he wanted to be an ophthalmologist his wife piped in, "At birth... his name is Seymour!"

The Brownsteins praised Shalom Welcome Service and Newcomers' functions.

It's Back—Trivia Night '93: the event will challenge you

By Pamela Turner Smith

Who was the first Captain of the U.S.S. Enterprise? Who was Time Magazine's Man of the Year? Who made up the Group of Seven?

Trivia Night, the perennial favorite of triviaholics, returns for one night only Saturday, February 20. This annual event hosted by the Mollie Betcherman chapter of Ottawa Hadassah again promises to provide an evening of fun, food and entertainment.

Snelly Amor, Chairperson of Trivia Night, has been haunting the libraries and bookstores of the city to provide the most unusual and interesting categories and questions. "I consider Trivia Night my own personal challenge. Designing questions that make people think and laugh is what keeps them coming back year after year. That and our famous dessert buffet."

This year's venue will be the Dovercourt Recreation Centre,

upper level. The Centre is located on Dovercourt off Broadview. Game time is 7:30 pm sharp. Tickets cost \$9.50, and include the trivia evening, an elaborate dessert table, and the chance to win a variety of door prizes. Tickets may be purchased in advance through Hadassah chapter representatives or by calling Pamela Turner Smith at 820-2245 or Karen Fogel at 828-2387. Seating is limited, so early purchase is recommended.

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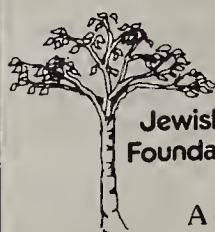
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In memory of Howard Hart by Sharon and David Appotive and family.

Mazal Tov to Ron and Rhona Eisenberg on their new business venture by Sharon and David Appotive and family.
Best wishes to Diane Wexler on her special birthday by Sharon and David Appotive, Ryan, Jaye and Brody.
In memory of Ida Eisenberg by Sharon and David Appotive.

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Best wishes to Esther Murray on her very special birthday by Betty and Jack Ballon.

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Best wishes to Mr. and Mrs. Isaac Goldman in their new home by Joy and Max Rosenstein.

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Best wishes to Helene Zaret on her special birthday by Lila and Abe Bookman; and by Millie and Percy Weinstein.

Best wishes to Mr. and Mrs. Lou Satov on their 45th wedding anniversary by Lila and Abe Bookman; and by Millie and Percy Weinstein.

Best wishes to Lawrence Freedman for a r'fuah sh'lemah by Lila and Abe Bookman; and by Millie and Percy Weinstein.

MAX AND MARCIA BORDELAY MEMORIAL FUND
In observance of the Yartzheit of our dear Bubi Marsha Bordeley by Corinne Berman and family.

TOM AND MIRIAM BORDELAY MEMORIAL FUND
Best wishes to Louis and David Kardish and David Kardash in their new enterprise by Steven Taylor, Jeff and Susie, Mona and Avi and Allan Taylor.

MOLLY AND NATHAN BORENSTEIN FUND
Yasher Koach to Molly Borenstein and continued good health by Becky Bauer; and by Laura and Mark Greenberg.

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In memory of Gert Wertman by Rickie and Joe Loomer.

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Best wishes to Laurie Slosberg for a speedy recovery by Rena and Max Cohen.

YEHUDA CARDASH MEMORIAL FUND
Best wishes to Maurice Rose on his 80th birthday by Moe Cardash.

CARLDSKY FAMILY EDUCATIONAL FUND
Best wishes to Betty Ballon for a speedy recovery by the Carlfsky family.

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Best wishes to David Cohen on his special birthday by Reuben Kalin.

In memory of Sarah Metrick by David Cohen.
Best wishes to Maurice Rose on his 80th birthday by Judy and David Kalin and family.

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In memory of Grete Cohen by Peter Herndorf, the Board of Directors and the Staff of

TVONTARIO; and by Becky Bauer, Melvin and Alysia.

CRACOWER FAMILY FUND
In observance of the Yartzheit of our dear mother, mother-in-law and grandmother Molly Lipsky by Gloria, Michael and Margery Granofsky, Naomi, Allan, Michael and Jonathan Cracower and Linda, Ed and namesake Malka Etkin.

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Best wishes to Bela Robiesek for a r'fuah sh'lemah by Shelley and Andre Engel and girls.

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Mazal Tov to Dr. Donald Abeison on the completion of his Doctorate by Pearl and David Moskowic.

Mazal Tov to Stanley and Reesa Aaron in their new home by Pearl and David Moskowic.
Mazal Tov to Maurice Rose on his special birthday by Pearl and David Moskowic; and by Benjamin Feinstein.

MAYER AND BETTY FERBER FUND
Mazal Tov to Maurice Rose on his 80th birthday by Betty and Mayer Ferber.

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Best wishes to Lawrence Freedman for a speedy recovery by Casey and Bess Swedlove; and by Simmy and Chuck Gardner.

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In observance of the Yartzheit of a beloved grandmother and great grandmother Gitei Cohen Agulnik by Mary Goldberg and family.

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Mazal Tov to Esther and Mervin Blostein on the birth of their granddaughter by Asa, Eva and Eric Goldfield.
Best wishes to Molly Levine on the arrival of her grandson Aaron by Anita, Ed, Richard and Evan Landis.
Best wishes to Dr. and Mrs. Howard Levine on the arrival of their son Aaron by Anita, Ed, Richard and Evan Landis.

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Best wishes to Reuben Berezin for a speedy recovery by Gert and Sam Budovitch.

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Best wishes to Maurice Rose on his 80th birthday by Lilian Cardash.

SAMUEL AND BESSIE GREENBERG FUND
Mazal Tov to Esther Murray on her 90th birthday by Dorothy and Ben Greenberg.

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Best wishes to Julie Ross on her special birthday by Vera and Leslie Klein.

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Best wishes to Dr. and Mrs. Victor Kaminsky on their 25th wedding anniversary by Libby and Sian Katz.

Best wishes to Dr. Gerry Posen for a speedy recovery by Jackie and Lucian Sitwell and family.

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In memory of Sherry Aiken's grandmother by Aunt Jane and Uncle Bill James.
In memory of Gert Wertman by Jane and Bill James.

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Best wishes to Janet Keith (Hudson) for a full recovery and the best of the New Year by Holocaust Remembrance Committee.

DDRDTHY AND HY HYMES FUND
Best wishes to Lawrie Nadolny on his birthday by Rhea, Jeff, Elana and Lorne Hochstadter.
Best wishes to Dawn Shapransky on her birthday by Rhea, Jeff, Elana and Lorne Hochstadter.

AVRAHAM AND ELISSA INY SCHOLARSHIP FUND
In memory of Eliahu Iny by Marilyn, Allan and Rebecca Wilson; by Avril Bright; and by Ginsberg, Gluzman, Page and Levitz.

JEWISH FAMILY SERVICES AGENCY FUND
Best wishes to Dr. Gerald Posen for a r'fuah sh'lemah by Board and Staff of Jewish Family Services; and by Esther Stern.

JEREMY KANTER MEMORIAL FUND
In memory of Ida Eisenberg by Rae and Joe Ages.

PINHEY AND LIBBY KARDASH FUND
Best wishes to Esther Murray on her 90th birthday by Debbie, Joe and Mark Breatross.

EVA AND ISRAEL KARDISH FUND
Best wishes to Myrna Polechia on her birthday by Eva and Israel Kardish.

CLAIRE AND ABE KEVANSTEIN FUND
Mazal Tov to Dr. and Mrs. Miles Wisenthal on the Bar Mitzvah of their grandson by Claire Kevanstein.

ARTHUR AND SARAH KIMMEL MEMORIAL FUND
Mazal Tov to Isabel and Norman Lesh on the engagement of their son Steven to Hildy by the Labows.
Mazal Tov to Isabel and Norman Lesh on the birth of their granddaughter Jordanna by the Labows.
Mazal Tov to Marilyn and Dan Kimmel on the engagement of Linda to Warren by Sandra and Norman Slover.

GERRY AND RACHELLE KOFFMAN FUND
In memory of Miriam Leiber by Gerry Koffman.

KRANTZBERG KRANE FAMILY FOUNDATION
Best wishes to Maurice Rose on his special birthday by Clair and Julius Krantzberg.
Best wishes to Lawrence Freedman for a speedy recovery by Clair and Julius Krantzberg.
Best wishes to Evelyn Krane for a happy birthday by Myra, Sam, Joshua and Justin Krane.
Best wishes to Irving Berlin for a happy birthday by Myra, Sam, Joshua and Justin Krane.

JACOB AND ROSE LANDAU MEMORIAL FUND
Mazal Tov to Dr. and Mrs. B.

(Continued next page)

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Goldberg on the engagement of Elana to Myron by Edith and Issie, Jerrold and Tzippy and Michael and Faye.

MAYER AND ROSE LANDAU MEMORIAL FUND

Congratulations to Nancy and Morris Segal on their 45th wedding anniversary by Caroline and Jonathan Schlesinger.

MURIEL LEVINE MEMORIAL FUND

In memory of Susan Abramowitz Pye by Cathy and Stanley Levine, Mira and Michael.

JOSEPH AND JEAN LICHTENSTEIN FUND

Best wishes to Joe and Jean Lichtenstein for a happy retirement by Jackie and Lucian Sitwell and family.

IDA AND SIDNEY LITWICK FUND

In memory of Jeanna Prager by Ida and Sid Litwick.

JACK AND DORA LITWACK MEMORIAL FUND

In memory of Sarah Cleiman by Rose and Moe Litwack and family; and by Dora and Sam Litwack.

In observance of the Yartzheit of a beloved mother and grandmother Dora Litwack, 12 Tevet, by Dora and Sam Litwack and family.

EDGAR AND GERTRUDE MARKS FUND

Best wishes to Lawrence Freedman for a speedy recovery by Gertrude Marks.

CLAIRE AND THEODORE (TED) METRICK FUND

In memory of Sarah Metrick by John, Andrea, Morgan and Jordan Zagerman.

DAVE, LOUIS AND LAZ MIRSKY FUND

Best wishes to Philip and Clare Polansky on their 50th wedding anniversary by Cayla and Michael Baylin.

ABRAM AND EDITH MDLOT MEMORIAL FUND

In memory of Gertrude Wertman by Maureen and Henry Molot.

In tribute to Libby Hague on her "Life's Feast" exhibition by Maureen and Henry Molot.

Mazel Tov to Ruth Molot on the birth of her twin great-grandsons by Maureen, Henry, Alex and Edie Molot.

Best wishes to Mr. and Mrs. Toby Appel on their anniversary by Maureen, Henry, Alex and Edie Molot.

Mazel Tov to Mr. and Mrs. Marvin Brill on the birth of their twin grandsons by Maureen, Henry, Alex and Edie Molot.

HERBERT AND DOROTHY NADDLNY FUND

Mazel Tov to Dorothy and Herb Naddolny on their 40th wedding anniversary by Marilyn, Allan and Rebecca Wilson; and by Linda and Kenneth Mirsky.

JEAN AND MAX NAEMARK FAMILY FUND

Best wishes to Lisa Naemark on her birthday by Bubby and Zaidie Naemark.

PINKAS AND YEHUDIT NEWMAN MEMORIAL FUND

Best wishes to Mr. and Mrs. Laz Newman and Reuben Fine on the engagement of Ashley by Marilyn and William Newman.

OTTAWA JEWISH HISTORICAL SOCIETY FUND

Best wishes to Lawrence Freedman for a r'fuah sh'lemah by Ottawa Jewish Historical Society; and by Irene Swedlove and family.

OTTAWA POST, JEWISH WAR VETERANS OF CANADA FUND

By: Leon Broilman. Best wishes to Betty Ballon for a r'fuah sh'lemah by Byrna and Leon Leckie.

Best wishes to Jack Young for a r'fuah sh'lemah by Byrna and Leon Leckie.

MYRA AND MORRIS PRESSER FUND

Best wishes to Jack Presser on his birthday by the Prizants and the Rimers.

ETHEL RIVERS MEMORIAL FUND

Best wishes to Maurice Rose on his 80th birthday by Ilsa and Howard Kamen and family.

HELEN AND RUDY SAIFE FUND

Best wishes to Sylvia Molot on her special birthday by Helen Saife.

SAMUEL AND LILLIAN SASLOVE FUND

Best wishes to Lil Saslove for a r'fuah sh'lemah by Barry and Nil Saslove and family.

In observance of the Yartzheit of our beloved mother and grandmother Frayda Marcovitch, 10 Shevat, by Lil Saslove and Rose Marcovitch.

DR. NATHAN AND TESSE SCHECTER FUND

In memory of Susan Pye by Ann Schechter.

CLARE AND MAURICE SCHWARTZ FUND

In memory of Sam Basil by the Schwartz family.

ABRAHAM AND MARY SHAFFER MEMORIAL FUND

Congratulations to Milton and Sarah Shaffer on their engagements of their granddaughters Linda and Kelly by Rox and Stan Labow.

In observance of the Yartzheit of a dear mother Mary Shaffer by Sheldon and Sonia Shaffer.

HAROLD SHAFFER MEMORIAL FUND

Congratulations to Deena Wohl on her graduation from McGill University by Grandma and Dorothy.

CECIL AND FLORENCE SHINDER FUND

In memory of Ida Eisenberg by Florence and Cecil Shinder.

Mazel Tov and best wishes to Maureen and Is Shinder on their marriage by Florence and Cecil Shinder.

Mazel Tov to Sarah and Lou Satov on their special anniversary by Florence and Cecil Shinder.

In memory of Sarah Metrick by Florence and Cecil Shinder and family.

Best wishes to Saul Brotman on his special birthday by Florence and Cecil Shinder.

HARRY AND SYLVIA SHINDER MEMORIAL FUND

Best wishes to Rose Yanover for continued good health by Joe and Andrea Bentolita; by Paul and Karen Custover; and by Bea and Murray Garceau.

Best wishes to Lawrence Freedman for a r'fuah sh'lemah by Ethel and David Malek.

In memory of Ida Eisenberg by Ethel and David Malek.

SOL AND ZELAINE SHINDER FUND

Best wishes to Lawrence Freedman for a r'fuah sh'lemah by Zelaïne and Sol Shinder.

LOUIS SLACK MEMORIAL FUND

In memory of Golda Gilbert by Harvey Slack; by Clara Slack; by Noreen Slack and Gerald Redmond; by Myra, Lester, Jennifer, Donna, Gregory and Jordan Aronson; by Sue and Sam Slack; by Joy and Seymour Mender; by Sharon and David Appovite and family; and by Bonnie, Jim, Stacie, Adam and Noah Carroll.

In observance of the Yartzheit of a dear mother and grandmother Esther Aronson by Myra, Lester, Jennifer, Donna, Gregory and Jordan Aronson.

In observance of the Yartzheit of a dear father and grandfather Louis Slack by Myra, Lester, Jennifer, Donna, Gregory and Jordan Aronson; and by Bonnie, Jim, Stacie, Adam and Noah Carroll.

Best wishes to Diane Wexler on her special birthday by Joy and Seymour Mender.

NATHAN AND THELMA STEINMAN FUND

Congratulations to Robert Shapiro on his promotion by Bobby Thelma.

CASEY AND BESS SWEDLOVE FUND

In memory of Sarah Cleiman by Carol-Sue, Jack, Tracy and Michael Shapiro.

Best wishes to Lawrence Freedman for a speedy recovery by Carol-Sue, Jack, Tracy and Michael Shapiro.

ARCHIE AND LILLIAN TALLER FUND

Best wishes to Dora Wasserman for a speedy recovery by Joel, Gaye, Adam, Jayson and Daniel Taller; and by Lillian and Archie Taller.

Best wishes to Claire and Jack Fogel on their 50th wedding anniversary by Lillian and Archie Taller.

In memory of Julius Loebli by Lillian and Archie Taller.

Best wishes to Lottie and David Molot on their 50th wedding anniversary by Lillian and Archie Taller.

Best wishes to David Molot on his 80th birthday by Lillian and Archie Taller.

Mazel Tov to Maureen and Is Shinder on their recent marriage by Lillian and Archie Taller.

Best wishes to Sylvia Kaiman on her birthday by Lillian and Archie Taller.

Mazel Tov to Jean and Joe Lichtenstein on the birth of their

grandson by Lillian and Archie Taller.

JAY B. TALLER MEMORIAL FUND

Mazel Tov to Marty Krossel on his engagement by Morton and Sally Taller.

In memory of Dr. Robert B. Disenhouse by Morton and Sally Taller.

SAMUEL AND ANNE TALLER FUND

Best wishes to Gerald Stein on his special birthday by Anne Taller.

Best wishes to Dora Wasserman for a speedy recovery by Anne Taller.

SAUL AND FANNY TANNER MEMORIAL FUND

In memory of Sarah Cleiman by Stephen and Linda Weiner.

MOSES, CHENYA AND HENRY TORONTOW MEMORIAL FUND

Best wishes to Bea Torontow on her birthday by Jean and Max, Bea and Leonard and family and Andrea and Stuart and family.

Best wishes to Tammy Torontow on her birthday by Aunt Jean and Uncle Max Naemark.

WASERMAN FAMILY MEMORIAL FUND

Best wishes to Dora Wasserman for a speedy recovery by Eita and Saul Hersh; by Kayla and Alvin Maihay; and by Jessie Wasserman.

JOSEPH AND SONIA WEINSTEIN MEMORIAL FUND

Best wishes to Dr. Morris Resnick for a r'fuah sh'lemah by Millie and Percy Weinstein.

HYMIE WHITZMAN MEMORIAL FUND

In observance of the Yartzheit of our loving grandparents and great-grandparents Louis and Jenny Foreman by Judie, Fred, David and Dean Ross.

In observance of the Yartzheit of a loving uncle and great-uncle Jack Calp by Judie, Fred, David and Dean Ross and Julie Valentine.

Best wishes to Judie Ross on her birthday by Morley, Evelyn, Kim and Gary Goldfield.

Best wishes to Mr. and Mrs. Wayne Webber on their 29th wedding anniversary by Judie and Fred Ross and sons.

In observance of the Yartzheit of a beloved mother and grandmother Deborah Ross by Judie, Fred, David and Dean Ross.

Best wishes to Charles Slipacoff for a r'fuah sh'lemah by Judie and Fred Ross and sons.

MORRIS AND MARIETTE WODLFSDN FUND

Mazel Tov to Mariette and Morris Woolson on the birth of their great-grandson by Blanche and Joe Osterer.

Mazel Tov to Mariette and Morris Woolson on their wedding anniversary by Roslyn and Gerry Snyder.

SAM AND HELENE ZARET FUND

Best wishes to Helene Zaret on her special birthday by Dr. and Mrs. Sydney Kronick.

Contributions may be made by phoning Howard Goldberg at 789-7306, Monday to Friday 10-4. Attractive cards are sent to convey the appropriate sentiments. All donations are acknowledged with an official receipt for income tax purposes. WE ACCEPT VISA.

In Memoriam

Rivka (Mirsky) Sklar
May 27, 1890 — January 17, 1993
Last surviving daughter of the late
Reverend Jacob Mirsky,
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Community Calendar

The following information is taken from the community calendar maintained by the Women's Federation of the Jewish Community Council. Organizations who would like their events to be listed, no matter where they are to be held, should make sure they are recorded by advising Howard Goldberg, Calendar Co-ordinator at 789-7306 between 10 a.m. and 4 p.m. Accurate details must be provided.

Monday, February 1

Jewish Community Centre Golden Age Club Meeting and Speaker, Chris Hunter on "Violence Against Women", Jewish Community Centre, 151 Chapel Street, 1:00 p.m.

Agudath Israel Sisterhood Drop-In Bridge, Agudath Israel Synagogue, 1400 Coldrey Avenue, 1:00 - 3:00 p.m.

Tuesday, February 2

Jewish Community Centre Drop-In Diner, Jewish Community Centre, 151 Chapel Street, 12:00 - 1:30 p.m.

Wednesday, February 3

Jewish Community Centre Chess Club, Jewish Community Centre, 151 Chapel Street, 7:00 p.m.

Saturday, February 6

Jewish Community Centre Singles Gala Casino Night, Jewish Community Centre, 151 Chapel Street, 7:30 p.m.

Sunday, February 7

Ottawa Hadassah-WIZO Amit Chapter "A Taste of Chocolate" Fair, Citadel Inn, 9:00 a.m. - 12:00 p.m. Workshop and Chocolate Show, 12:00 - 5:00 p.m.

Jewish Community Centre Israeli Film Festival, Museum of Natural Sciences, Metcalfe and McLeod Streets, 7:00 p.m.

Monday, February 8

Jewish Community Centre Golden Age Club Bingo and Birthday Luncheon Meeting, Jewish Community Centre, 151 Chapel Street, 12:30 p.m.

Agudath Israel Sisterhood Drop-In Bridge, Agudath Israel Synagogue, 1400 Coldrey Avenue, 1:00 - 3:00 p.m.

Tuesday, February 9

Hillel Academy Early Childhood Education Open House, Jewish Community Campus, 881 Broadview Avenue, 9:30 a.m. - 11:30 a.m.

Jewish Community Centre Drop-In Diner, Jewish Community Centre, 151 Chapel Street, 12:00 p.m. - 1:30 p.m.

Wednesday, February 10

Hillel Academy Early Childhood Education Open House, Jewish Community Campus, 881 Broadview Avenue 9:30 a.m. - 11:30 a.m.

Jewish Community Centre Chess Club, Jewish Community Centre, 151 Chapel Street, 7:00 p.m.

Saturday, February 13

Jewish Community Centre Singles Winterlude Skating Party, Party Room, 60 McLeod Street, 7:30 p.m.

Sunday, February 14

Machzikei Hadas Sisterhood Family Lunch and Israel Extravaganza, Machzikei Hadas Congregation, 2310 Virginia Drive, 12:00 p.m.

Monday, February 15

Jewish Community Centre Golden Age Club Meeting on "Medication Awareness", Jewish Community Centre, 151 Chapel Street, 1:00 p.m.

Agudath Israel Sisterhood Drop-In Bridge, Agudath Israel Synagogue, 1400 Coldrey Avenue, 1:00 - 3:00 p.m.

Tuesday, February 16

Jewish Community Centre Drop-In Diner, Jewish Community Centre, 151 Chapel Street, 12:00 - 1:30 p.m.

Wednesday, February 17

Jewish Community Centre Chess Club, Jewish Community Centre, 151 Chapel Street, 7:00 p.m.

Thursday, February 18

Jewish Community Centre "Partners of Two Backgrounds" Discussion and Meeting, Jewish Community Campus, 881 Broadview Avenue, 7:30 p.m.

Sunday, February 21

Beth Shalom West Sisterhood Women's Day Seminar "Maintaining A Jewish Identity In A Secular Society", Beth Shalom West Synagogue, 15 Chartwell Avenue, 9:00 a.m. - 4:00 p.m.

United Jewish Appeal Clean-Up Telethon, Jewish Community Centre, 151 Chapel Street, 9:30 a.m. - 12:00 p.m.

Monday, February 22

Jewish Community Centre Golden Age Club Meeting and Cooking Demonstration, Jewish Community Centre, 151 Chapel Street, 1:00 p.m.

Agudath Israel Sisterhood Drop-In Bridge, Agudath Israel Synagogue, 1400 Coldrey Avenue, 1:00 - 3:00 p.m.

Tuesday, February 23

Jewish Community Centre Drop-In Diner, Jewish Community Centre, 151 Chapel Street, 12:00 - 1:30 p.m.

Malca Pass Library Book Discussion Group Book Review of "Baumgartner's Bombay" by Anita Desai. Reviewer: Sophie Kohn Kaminsky, Agudath Israel Synagogue, 1400 Coldrey Avenue, 8:00 p.m.

Wednesday, February 24

Jewish Community Centre Chess Club, Jewish Community Centre, 151 Chapel Street, 7:00 p.m.

United Jewish Appeal Outreach Program in Centreponte, Home of Cindy Feingold and Roger Greenberg, 48 Saddiebrook Drive, 8:00 p.m.

Machzikei Hadas Presents Focus on Fashion, March 28



Judi Kerzner



Leiba Krantzberg

by Leiba Krantzberg

Machzikei Hadas Sisterhood has an exciting fundraiser planned for Sunday, March 28 to take place at the Shul, 2310 Virginia Drive.

Leiba Krantzberg and Judi Kerzner are co-chairs of *Focus on Fashion* featuring a children's fashion show sponsored by Majer Imports and Kiddie Kobbler. Models will range in age from 2 to 14 years. Featured as well, will be a mini bazaar where individual artists and local fashion represen-

tatives will have articles for sale such as sportswear and costume jewellery for children and adults.

Tickets will be \$5.00 per person. There will be no charge for children under 10. There will be plenty of door prizes, as well as raffle draws. Refreshments will be served.

Mark March 28 on your calendar as this will be an event you won't want to miss. For further information please call Leiba Krantzberg at 737-0825, or Judi Kerzner at 738-1980.

Shabbat Candlelighting

January 29	4:47 p.m.
February 5	4:57 p.m.
February 12	5:07 p.m.
February 19	5:17 p.m.
February 24	5:27 p.m.

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Condolences

Condolences are extended to the families of:
Ben Herman, Montreal, (brother of Margot Levy)
Eva Levit, Vancouver (sister of Morris Berliner)
Harry Robbins, Montreal, (father of Jerry Robbins)
Rivka Mirsky Sklar, Miami
May their memories be a blessing.

CLIP AND SAVE

Please note:
The new Jewish
Community Council
phone number
is now in effect.
789-7306

SHALOM OTTAWA

The Ottawa Jewish Community Cable TV Show
with hosts
Marion Silver and Ed Fine

Shown on Cable 22

Monday, February 22 at 10:00 p.m.

Thursday, February 25 at 4:00 p.m.

Featuring:

- Cub and Scouts Food Drive
- Tu B'Shevat at Ecole Maimonides
- An interview with Sarah Poster Levin of Pioneer Women Na'Amat by Phyllis Elowitz

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